

Albacore Tuna Burger

2 cans Oregon Albacore Tuna
2 Tbsp oil
½ cup chopped onion
1 tsp powdered mustard
1/3 cup dry bread crumbs
2 eggs, beaten
¼ cup chopped parsley

Sauté onions in oil. Flake tuna, add onions, seasonings, eggs, and shape into patties. Roll in bread crumbs. Fry. Serve on onion rolls.